Gene expression of type I phospholipase A_2 in pancreatic beta cells Regulation of mRNA levels by starvation or glucose excess

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Messenger RNA from intact rat pancreatic islets, or from transformed hamster beta (HIT) cells, hybridized with the cDNA probe for type I (but not type II) phospholipase A₂. The levels of phospholipase A₂ mRNA increased in islets from fasted rats; they decreased in islets cultured in a high glucose concentration (control values at 5.5 mM glucose = 150±6% of those at 22 mM) which impaired subsequent insulin secretion (reduction in second-phase release = $70 \pm 11\%$). These studies uniquely demonstrate that type I phospholipase A_2 is expressed specifically in beta cells and that nutrient availability modulates transcript levels, an effect which could contribute to the detrimental influence of prolonged hyperglycemia on islet function.

Insulin; Pancreatic islet; Phospholipase; Glucose; Beta cell; Fasting

1. INTRODUCTION

Rat pancreatic islets contain one (or more) phospholipases of the A, type (PLA₂); furthermore, considerable data implicate PLA2 in the regulation of insulin secretion through the mediation of the phospholipid hydrolysis products generated (i.e. arachidonic acid and lysophospholipids) (summarized in [1]). However, little is known about the type of PLA₂ present in endocrine cells. Phospholipases A2 can be sudivided into two general groups [2] based on structural determinants. Type I PLA₂ is found in mammals, in the exocrine pancreas, lung, gastric mucosa, and spleen. The regulation of type I PLA₂ gene expression is unexplored. Type II PLA₂, in contrast, is present in platelets, inflammatory exudates, vascular smooth muscle, chondrocytes, synovial cells, spleen, platelets, mesangial cells and placenta. Using cDNA probes directed against type I or type II PLA₂, we examined pancreatic islets, transformed pancreatic beta cells, and other endocrine glands, to assess the regulation of PLA, mRNA levels in two states in which altered nutrient availability is known to perturb insulin release - fasting, and exposure to high glucose concentrations. The former inhibits PLA₂ activity [3] and impairs physiologic insulin release [4]. 'Glucotoxic' islets also have impaired insulin secretion [5]. These studies

Abbreviations: PLA2, phospholipase A2; cDNA, complementary DNA.

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comprise the first data addressing the presence of the gene for phospholipase A2, and the regulation of its expression, in a peptide-secreting endocrine gland.

2. MATERIALS AND METHODS

2.1. Materials

The cDNA probes for PLA2 types I and II (cloned from cDNA libraries isolated from rat pancreas and spleen, respectively) were generously provided by Shionogi Research Laboratories (Osaka. Japan) and are described in detail in their publications [6-8]. The probe for mouse β -actin was provided by Dr. Bruce Spiegelman (Boston, MA). Deoxycytidine-5'-triphosphate (dCTP), tetratriethylammonium salt, $[\alpha^{-32}P]$ -, having a specific activity of 3000 Ci/mmol, was purchased from ICN Biomedicals, Inc. (Costa Mesa, CA).

2.2. Islet isolation and processing

Islets, isolated from male Sprague-Dawley rats, as described [9], were sequentially handpicked on two separate occasions under stereomicroscopic control in order to rigidly exclude contamination by exocrine pancreatic cells [2]. For studies of the exposure to different glucose concentrations or to various test compounds, islets were cultured for 18-20 h in CMRL 1066 medium containing 5% fetal calf serum, 100 U/ml penicillin, 100 µg/ml streptomycin, and the indicated test agents, and were suspended in 1 ml of 4 M guanidinium thiocyanate and kept at -70°C until further processing. RNA was obtained by centrifugation through cesium chloride [10]. For studies of whole pancreas, RNA was extracted and resuspended in the presence of 0.2% diethylpyrocarbonate to inhibit RNases active in that tissue [11]. A similar protocol was used to study dynamic insulin secretion from these islets except that 10% fetal calf serum was present overnight; 100 islets were placed into each chamber and perifused, using a previously described procedure [12], in Krebs-Ringer bicarbonate buffer, for 5 min at 4.4 mM glucose, followed by 76 min at 27.5 mM glucose. Effluent medium was collected every 1 min for 15 min and then every 2 min. Transformed Syrian hamster beta cells were maintained in culture in RPMI 1640 medium as previously described in detail [13].

2.3. Northern blot analysis

Approximately equal amounts of denatured total cellular RNA (5-15 µg per lane) was electrophoresed on 0.8% agarose and 2.7% formaldehyde gels, blotted onto nitrocellulose membranes, and crosslinked by baking at 80°C for 2 h in a vacuum oven. DNA probes for PLA, type I and II, and for β -actin, were labeled with [12 P]dCTP by the random-primer method or nick translation using Boehringer-Mannheim labeling kits. Prehybridization (and hybridization) was carried out in 0.007 M Tris-HCl, pH 8.0, containing 10% dextran sulfate, 40% deionized formamide, 4 × SSC, 0.8 × Denhardt's solution, and 20 μg/ml denatured salmon-sperm DNA, for 16 h at 42°C; ³²Plabeled cDNA was added during hybridization. The hybridized blots were washed 4 times in $2 \times SSC$ and 0.1% SDS for 5 min at room temperature and subsequently twice in 0.5 × SSC and 0.1% SDS for 30 min at 55°C. Autoradiographic exposures of the blots to Kodak X-Omat AR film were carried out at -70°C using two intensifying screens. The levels of RNA transcripts were measured by vertically scanning autoradiograms with a video densitometer (Bio-Rad, model 620). Gene transcript concentrations are expressed as the densitometric ratio for each band of PLA2 gene transcript compared to the value for the corresponding β -actin peak. HIT cell RNA was analyzed on 1.5% agarose-formaldehyde gels and transferred to a nylon hybridization membranes (Micron Separations, Westford, MA) by electroblotting.

3. RESULTS

A strong signal for type I PLA₂ (transcript size: 0.95 kb) was consistently found using freshly isolated or overnight-cultured rat islets (Fig. 1); no signal for type II PLA₂ was detected. A similar signal was detected in studies using HIT cells (Fig. 1). No signal for either type of PLA₂ was detected in adrenal glands, testes, or unfractionated pituitary glands (40 μ g of RNA from 1–3 pituitaries was applied to each lane). In rats fasted for 48 h, islet levels of PLA₂ (type I) mRNA increased from control values of 0.59 ± 0.16 to 1.49 ± 0.32 (n=5 experiments, mean \pm SE; P<0.05). Refeeding was associated with values which had returned towards control $(0.96\pm0.19; n=3)$. As expected [2], unfractionated pancreas (which is overwhelmingly comprised of exocrine tissue) also expressed type I PLA2. However, in sharp contrast to the findings with islets, fasting actually reduced PLA, signal to 63±5% of levels in pancreases from fed rats (control = 3.49 ± 1.02 ; fasted = 2.43 ± 0.82 ; n=7 experiments; P=0.01).

Compared to islets cultured for 18-20 h at 5.5 mM glucose, islets cultured at 22 mM glucose had reduced PLA₂ mRNA levels in each of 6 separate paired experiments (high glucose culture: 2.00 ± 0.88 ; normal glucose culture: 3.04 ± 0.65 ; P<0.05). Such treatment did not alter first phase (0-7 min) insulin release; however, in each of 5 paired studies, second phase secretion (8-60 min), expressed as the incremental areas above basal levels, was reduced by $70\pm11\%$ (Fig. 2) from 15.772 ± 4411 to $4535\pm1535~\mu$ U (P<0.05).

In certain non-endocrine cells which synthesize a secretory, type II PLA₂, gene expression is augmented by cyclic AMP or interleukins [14,15]. However, culture of islets with 200 μ M dibutyryl cyclic AMP (control

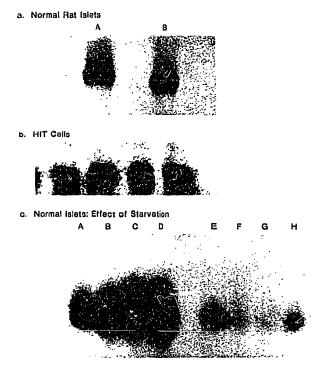


Fig. 1. Detection of type I phospholipase A₂ mRNA in insulin-secreting tissues. (a) Normal rat islets (lane A contains RNA from 1800 islets, lane B from 2800 islets). (b) HIT cells from passages 71, 80, 87 and 98. (c) Normal rat islets after 48 h fasting (lanes A-D) vs. islets from fed rats (lanes E-H).

1.38 \pm 0.13; cAMP: 1.60 \pm 0.22; n=4 pairs; P=NS) or 5 μ M forskolin (control: 1.64 \pm 0.03; forskolin: 1.34 \pm 0.07; n=3) did not significantly alter PLA₂ mRNA.

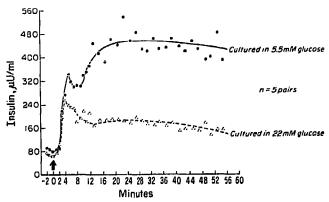


Fig. 2. Mean insulin levels upon raising glucose concentration from 4.4 mM to 27.5 mM (arrow) in islets cultured at 5.5 mM glucose (•) or at 22 mM (/_). Basal insulin levels averaged 86±15 and 52±6 μ U/ml, respectively, and were not significantly different between the two conditions.

4. DISCUSSION

These data establish, for the first time, type I PLA₂ gene expression in an endocrine gland (islets of Langerhans). Although type I PLA2 is expressed in pancreatic exocrine tissue ([2] and current studies), contamination with such cells does not explain the findings with islets since the latter were twice hand-picked to exclude all acinar tissue. Furthermore, the PLA2 mRNA levels were regulated in a diametrically-opposed fashion in the two tissues, with fasting increasing them in the endocrine pancreas and decreasing them in the exocrine pancreas. Additionally, the presence of the message in HIT cells demonstrates that beta cells in particular express PLA₂; indeed, PLA₂ activity is demonstrable not only in intact adult rat islets [16] but in cultured monolayers of neonatal rat islet cells [17,18] which are comprised (90-98%) of beta cells. No signal for type II PLA, was seen: this indicates the specificity of our findings, since types I and II PLA, share a degree of sequence homology [19].

Forty-eight hours of fasting markedly increased PLA₂ message. Since PLA₂ activity is reportedly decreased by starvation [3], we speculate that the former observation reflects a compensatory effect on transcription (or mRNA stability) in response to an impairment of PLA₂ activity by fasting. For example, fasting reduces Ca²⁺ influx into islets [20]; cytosolic Ca²⁺ levels are a major determinant of PLA₂ activity [16].

An area of much current interest is the ability of subacute or chronic elevations in ambient glucose levels to impair signal transduction in the beta cell, i.e. 'glucose toxicity' [5,21]. This lesion is probably not simply explained by a defect in glucose transport or metabolism [22]. The reduction of PLA₂ mRNA levels suggests that an impairment of PLA, activity might play a role in 'glucose toxicity'; desensitization to glucose is associated with an inhibition of the activity of another phospholipase (phospholipase C) as well [23]. In addition to direct effects of glucose, elevated ambient insulin levels, accumulating in response to high glucose levels, could be involved mechanistically, since high insulin levels have been suggested to impede phospholipase activity [24] and any subsequent insulin release [25]. Insulin has also been reported to reduce type II PLA₂ expression in non-endocrine cells [26]. Future studies correlating PLA₂ protein levels, PLA₂ activity and insulin release will be required to address this novel hypothesis. Likewise, elucidation of the site of nutrient action (e.g. on transcription or on the stability of mRNA) and of the molecular mechanisms involved will require additional investigations.

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